

All proceeds will benefit the Hoops Family Children's Hospital at Cabell Huntington Hospital!

• **Stay and enjoy the Hot Dog Festival after the race!**

• **Special bonus for all pre-registered runners swag bag with 4 WV Lottery scratch offs!**

• **Race shirts guaranteed to first 250 registered!**

• **Door Prizes!**

Heiner's BAKERY
BUN RUN 5K 10K
 & "walk your buns off" 5K charity walk
 Huntington - July 29, 2017

13 years running... that's 69 in dog years!

OSUCH RACE PLANNERS
 BENEFITING HOOPS FAMILY Children's HOSPITAL

TCR 107.5 KEE 100 97 Brew 100.3 800 WWHU 107.1 THE BEAR FOX RADIO 102.9 iHeart RADIO

Saturday July 29th
8am – Both races
Huntington, WV

7:00am On-Site Registration

Registration: Veterans Blvd

Start: Veterans Blvd

Awards: Veterans Blvd

<p>5K</p> <ul style="list-style-type: none"> • \$18.00 if pre-registered before July 28th • \$25 Day of Race • Pre-registered groups of 8 or more can register for \$15 each (Must all be 5K) 	<p>Course: Start at Veterans Blvd behind Pullman Square > Left on 1st Street > Left on 5th Avenue > Left on Hal Greer Blvd > Left on 3rd Avenue > Right on Veterans Blvd to Finish Line (10K does the course twice)</p>	<p>10K</p> <ul style="list-style-type: none"> • \$23.00 if pre-registered before July 28th • \$30 Day of Race • Pre-registered groups of 8 or more can register for \$15 each (Must all be 10K)
<p>5K Trophies to first two overall male and female finishers! Awards to first <u>three</u> finishers in each male and female age group. No duplication of awards</p> <p>Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+</p>	<p>Please mail registration and check to: Bun Run, c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</p> <p>Please make check payable to: <u>Huntington Road Runners Club.</u> Memo: Bun Run</p>	<p>10K Trophies to first two overall male and female finishers. Awards to first two finishers in each male and female age group. No duplication of awards</p> <p>Age Groups: 9 and under 10-19 20-29 30-39 40-49 50-59 60-69 70+</p>

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Bun Run 10K/5K

Name: _____ **Address:** _____

Email: _____

Phone: _____ **Gender:** M F **Age on race day:** _____

Shirt Size _____ **(2X, 3X, 4X and 5X add \$2.00)**

Check one: 10K _____ 5K _____ **Donation** _____ **Amount Enclosed\$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Huntington, iHeart Radio, O Such Tri-State Race Planners, Appalachian timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event..

Signature: _____ **Date:** _____ **Parent/Guardian (For minor):** _____